

| Resources  | Location     | Phone        | Website   | Contact(s)   | Notes  |
|--|--------------|--------------|---|--|--|
| <b>Community Counseling- Youth &amp; Adults</b>              |              |              |   |  |  |
| Link House Center for Behavioral Health & Treatment Services | Amesbury     | 978-462-0787 | <a href="https://linkhouseinc.org/">https://linkhouseinc.org/</a>                                   | Gary Gastman- Exec Director,<br>Christine Turner- Director of Services | In addition to adult substance abuse treatment and counseling, will begin offering counseling services and medication management to children & teens hopefully in August 2022. Accepts most insurances, including Mass Health  |
| Moving Forward Counseling                                    | Newburyport  | 978-206-1430 | <a href="https://movingforwardcounseling.org/">https://movingforwardcounseling.org/</a>             | Kathleen Jeffery, LICSW- Owner. Caitlin Thornhill, LICSW, Director     | Accepts most insurances, including Mass Health. Serves adults, children & teens. Has immediate openings for youth. Free DBT groups for teens.  |
| Private Practice Colloquium                                  | Essex County | 978-741-8066 | <a href="https://www.privatepracticecolloquium.com/">https://www.privatepracticecolloquium.com/</a> | Kim Hutchins, LMHC:<br>kimberlyhutchins@verizon.net                    | Kim can send an email to the group of private practice clinicians to see who has openings and accepts a particular insurance, etc. Good if you have someone who needs to be seen right away. Some therapists have agreed to do a triage session if possible, and then put client on a waitlist if necessary. |

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| South Bay Community Services     | Lawrence  | Intake: 508-427-5362 | <a href="https://www.southbaycommunityservices.com/">https://www.southbaycommunityservices.com/</a>                   | Kaitlin Burke, LICSW, Clinic Director: 978-688-4830  | Offers behavioral health services to children, adolescents, adults, and families. Accepts most insurances, including Mass Health. Also offers substance abuse counseling, suicide prevention, children's behavioral healthcare, autism services, early childhood services. Clinicians can travel to homes, schools, shelters, etc. |
| Jeanie Geiger Crisis Center      | Amesbury  | (978) 834-9710       | <a href="https://jeannegeigercrisiscenter.org/">https://jeannegeigercrisiscenter.org/</a>                             | Kate Liddy, Programs Manager   | Domestic Violence & Survivor Services. Offers 24-hour crisis hotline, crisis hotline, advocates, support groups, legal aid, housing assistance, intimate partner abuse education, danger assessment & partnership with police. Youth empowerment services: Healthy relationships, bystander education, Girls Inc.                  |
| Psychology Today                 | National  |                      | <a href="https://www.psychologytoday.com/us/therapists/01950">https://www.psychologytoday.com/us/therapists/01950</a> |  | To find a local therapist  |
| NAMI                             | Haverhill   | 978-872-4525         | <a href="https://www.naminortheastsex.org/">https://www.naminortheastsex.org/</a>                                     | Helpline for mental health resources: 617-704-6264. Email compass@namimass.org   | Offers advocacy, virtual support groups, mental health resources   |
| <b>Other Resources:</b>          |   |                      |   |  |  |
| Pettengill House                 | Amesbury  | (978) 463-8801       | <a href="https://www.pettengillhouse.org/home.aspx">https://www.pettengillhouse.org/home.aspx</a>                     | Social Workers- Families with school-aged children: Allison Helie, 978-243-4992. Adults: Ann Champagne, 978-243-9744. Substance Misuse, Addiction & Recovery: Lauri Murphy, 978-243-9746 | Case management, resources, referrals, addiction counseling, etc.  |
| NAGLY/NAGLY North affinity group | NAGLY is in Salem. Local chapter NAGLY North at NYS | 978-224-2102         | <a href="https://www.nagly.org/">https://www.nagly.org/</a>   | Tony Leone, Program Director (Salem), Trish Boateng, Support Coordinator (NYS)   | Resources and support for LGBTQ+ youth and young adults  |

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| PFLAG                                 | Greater Boston | 781-891-5966          | <a href="https://gbpflag.org/">https://gbpflag.org/</a>                     | Tomas Aponte, Director of Outreach               | Resources and supports for parents/support givers of LGBTQ+ youth  |
| Embrace Race                          | Amherst, MA    |                       | <a href="https://www.embracerace.org/">https://www.embracerace.org/</a>     | Andrew Grant-Thomas, Melissa Giruad, Co-Founders | Resources to talk with kids about race, creating a color-brave community. Offers free webinars.  |
| Partnership to End Addiction          | National       | Text CONNECT to 55753 | <a href="https://drugfree.org/about-us/">https://drugfree.org/about-us/</a> |  | Resources and supports for teens/young adults dealing with addiction. Includes resources in Spanish  |
| <b>Community Health Centers</b>       |                |                       |   |  |  |
| Greater Lawrence Family Health Center | Lawrence       | 978-686-0090          | <a href="https://glfhc.org/">https://glfhc.org/</a>                         |  | Offers primary care, urgent care, behavioral health, pediatric care, healthcare for the homeless, office-based addiction treatment, community based services |
| Children's Healthcare                 | Newburyport    | 978-465-7121          | <a href="https://chcmass.com/">https://chcmass.com/</a>                     |  | Pediatric health care. Takes MassHealth and won't turn any child away without the ability to pay   |
| North Shore Community Health          | Salem          | 978-744-8388          | <a href="https://www.nschi.org/">https://www.nschi.org/</a>                 |  | Offers primary care, behavioral health, dental, substance use treatment, health insurance enrollment, pharmacy   |
| Anna Jaques Hospital                  | Newburyport    | 978-463-1000          | <a href="https://www.ajh.org/">https://www.ajh.org/</a>                     |  | Offers ER, surgery, birthing center, OBGYN care, cancer center, orthopedic services  |

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| Beth Israel Lahey Health Behavioral Services      | Lawrence, Haverhill (in Holy Family Hospital) | 978-968-1700                    | <a href="http://nebhealth.org/">http://nebhealth.org/</a>   | A behavioral health community partner. Offers both outpatient clinics, counseling, medication services, as well as inpatient mental health services. Emergency psychiatric care and mobile crisis team; Mental health day treatment; addiction treatment; Children, Youth and Family Services; Community social service agency supports. |
| <b>Crisis</b>                                     |   |                                 |   |  |
| AJH ER  | Newburyport                                   | 978-463-1050                    | <a href="http://ajh.org">ajh.org</a>  |  |
| Ports Hospital ER @ Seabrook                      | Seabrook, NH                                  | 603-474-6400                    | <a href="https://portsmouthhospital.com/locations/seabrook-er/">https://portsmouthhospital.com/locations/seabrook-er/</a>   |  |
| Holy Family Hospital-Haverhill                    | Haverhill                                     | 978-374-2000                    | <a href="https://www.holyfamilyhospital.org/">https://www.holyfamilyhospital.org/</a>   |  |
| Lahey Emergency Psychiatric & Mobile Crisis Teams | Haverhill                                     | 978-521-7777                    | <a href="http://nebhealth.org/services-locations/emergency-psychiatric-care-mobile-crisis-teams/">http://nebhealth.org/services-locations/emergency-psychiatric-care-mobile-crisis-teams/</a> | Mobile crisis teams available 24/7, 365. Can come to schools, homes, daycares, etc. Serves youth and families in north eastern MA.   |
| Mental Health America Crisis Line                 | National                                      | 1-800-273-TALK (8255)           | <a href="https://mhanational.org/">https://mhanational.org/</a>   | Nation's leading community based nonprofit dedicated to addressing the needs of people living with mental illness and promoting the overall mental health of all   |
| Samaritans Suicide Hotline                        | Boston  | 800-273-8255, Call or text 24/7 | <a href="https://samaritanshope.org/">https://samaritanshope.org/</a>   |  |